

Academic Activities

Symposium on Cardiothoracic Anesthesia: A Symposium was organized on 23rd March 2011 by Pakistan Association of Cardiothoracic Anesthesia (PACTA) at TABBA Heart Institute Karachi.

The Inaugural session started after recitation of holy Quran followed by welcome address by chair organizing committee Dr Hamid Aqil Naqvi consultant TABBA Heart Institute. The oath taking ceremony for new office bearer was conducted by patron PSA Prof. S Tipu Sultan.

The 2 years activities of PACTA was highlighted by outgoing president Prof. Fazal Hameed, who also emphasized to focus on education and teaching in cardiac anesthesia as a second fellowship has already been started by CPSP. It was followed by speeches by incoming president Dr Shahab Naqvi, AFIC, and Prof. S Tipu Sultan. They emphasized that establishment of PACTA was a dream which is now a reality and hoped that PACTA would help in promotion of knowledge and improvement in clinical skill and practice in cardiothoracic anesthesia. In the end chief guest CEO TABBA heart institute delivered his speech by appreciating formation of PACTA and extended his offer to cooperate in future also.

A shield was presented for life time achievement in cardiac anesthesia to Prof. Rehana Kamal from AKU. As she was out of country Dr Hamid Aqil Naqvi received the shield on her behalf. Another shield was presented to Prof. Younus Khatri for his contribution in cardiac anesthesia.

The scientific program comprised of two sessions. The program started by a presentation by Dr Zameer Rajput, Shifa Islamabad, who highlighted the challenges of providing safe anesthesia in lung cancer surgery, followed by Dr Khalid Rasheed a Cardiac surgeon from TABBA Heart Institute, who presented his approach and management strategies for dealing with urgent & emergent CABG; Prof Najma Amjad, NICVD, spoke on myocardial protection during off pump surgery; Dr Rana Altaf CPEIC Multan express his views on prevention of organ failure following high risk cardiac surgery. Dr Shahid Sami a

cardiac surgeon from South City Hospital Karachi discussed surgical techniques and other relevant issues that affect the decision-making process In dealing with Functional MR; Dr Safdar gave his opinion on quality assurance in cardiothoracic anesthesia.

In post lunch session Arrhythmia During Period of CABG, Prevention vs. Treatment was discussed by Prof Sadqa from DUHS, Dr M Hamid described challenges in Pakistan for open heart pediatric surgery and presented statistics of pediatric surgeries performed all over Pakistan. For the first time a perfusionist Ejaz Haider from AKU and a staff nurse Shenaz Nadeem from TABBA Heart Institute participated in such forum and presented myocardial protection during CPB surgery and fast track cardiac surgery & nursing perspective respectively.

Post-lunch Scientific session included a free paper session in which six papers were presented by anesthetists involved in cardiac anesthesia from all over Pakistan, this generated a lively and exciting discussion for sharing multicentre experiences which was much appreciated by both seniors and juniors. The whole event was a great success and ended with hope of promoting a high standard of scientific presentations in future.

Dr Sadqa Aftab

Prof Anesthesia CHK, DMC, DUHS

Workshop on 'Radiofrequency Neurotomy': A one-day workshop was held at KRL Hospital Islamabad, under the joint arrangements of STSP and Dept of Anesthesiology, Pain Management & Intensive Care of the hospital. Dr. Jamil Sabit was the chief facilitator. Dr. Shahida Tasneem highlighted the importance of pain management and Dr. Tariq Hayat Khan presented an overview of the RF. Dr. Jamil threw light on various aspects of RF use in pain. A hands-on session was the main event, which was much appreciated by the participants from all over the country. The workshop was successful in inoculating an interest in this new pain relief modality in the participants. Certificates were awarded to all of them at the end.